

★ SPECIAL ISSUE ★ SPECIAL ISSUE ★ SPECIAL ISSUE ★

allure

THE BEAUTY EXPERT

OCTOBER 2005

**BEST OF
BEAUTY**

152

WINNERS

- SHAMPOO
- CLEANSER
- MOISTURIZER
- MASCARA
- LIP GLOSS
- FRIZZ TAMER
- CONCEALER

**EDITOR FAVES
READER RAVES**

WHAT AN EXPERT SAYS:

“There is strong scientific evidence that this fern extract prevents sunburn as well as the sun damage that leads to both wrinkles and cancer,” says James Spencer, a clinical professor of dermatology at Mount Sinai Hospital in New York City.

BIG

BREAKTHROUGHS

Stronger, Easier, Faster Fixes
For Hair, Skin, Nails

**HOW TO BOOST YOUR
MORNING ENERGY**

Gwen Stefani

Inside Her Magic Kingdom