

# allure

THE BEAUTY EXPERT

FEBRUARY 2009

## GODDESS HAIR

**Easy, Sexy Waves**  
**NO BLOW-DRYER**  
**NO STYLING PRODUCTS**

**Dry? Sensitive? Oily?**  
**Find Your True Skin Type—**  
**And the Best Rx**

## HOW TO:

- **APPLY MINERAL MAKEUP**
- **SURVIVE A BLIND DATE**
- **ORDER A STEAK**  
**AND MORE!**

Some dermatologists pooh-pooh the free-radical study at UC Riverside as small and inconclusive, noting that it didn't use actual sunscreen—just individual ingredients. And some point out that the study used epidermal model tissue—genetically engineered skin—rather than a real human sample. “This study uses a skin model, and this sort of thing happens all the time: You get quirky findings that we can't replicate because those things don't happen in people,” says James M. Spencer, a clinical professor of dermatology at Mount Sinai School of Medicine in New York.

**Shopaholic's**

## Isla Fisher

**What Mrs. Borat Will  
And Won't Discuss**

**Dancing With  
The Stars**  
**Behind the Scenes**  
**(And Under the War Paint)**