

# COSMOPOLITAN

Beauty  
Tips That  
Save You  
Buck\$

**SEXPOSE**

## 10 THINGS GUYS CRAVE IN BED

The Surprising  
Trait **80%** of  
Men Find Sexy

## Tight Abs

Our No-Crunch  
Workout, p. 222

## Read His Dirty Mind

...mo Girl Blush

**Carrie  
Underwood**  
The Side You've  
Never Seen Before

## HOW TO CLIMAX TOGETHER

A Surefire Technique That  
Takes You Both Over  
the Edge—Simultaneously

**9** Times You  
Won't Burn in Hell  
for Being Bitchy

**REAL-LIFE READ**

She Tricked  
a Murderer  
Into Sparing  
Her Life

"When I finished my residency in dermatology 15 years ago, skin cancer was a disease of the old," says James Spencer, MD, professor of clinical dermatology at Mount Sinai School of Medicine in New York City. "Now, once a month I treat someone in her 20s."