

Parents

Baby
Travel
Checklist
Inside

the smartest
baby advice
we've ever
heard

How To Stay
At Home,
Earn Money
And Boost Your
Career (Really!)

Clean Up, Clean Up!

3 YOU CAN PUT SUNSCREEN ON BABIES YOUNGER THAN 6 MONTHS. While it's best to keep infants out of direct sun, the American Academy of Pediatrics now says that it's safe to

apply sunscreen to infants. "The thinking used to be that newborn skin absorbed sunscreen more quickly, and people were afraid of what might happen," says **James Spencer, M.D.**, vice chairman of the department of dermatology at Mount Sinai School of Medicine, in New York City. "But now we know that nothing in sunscreen poses a danger to a baby's skin."